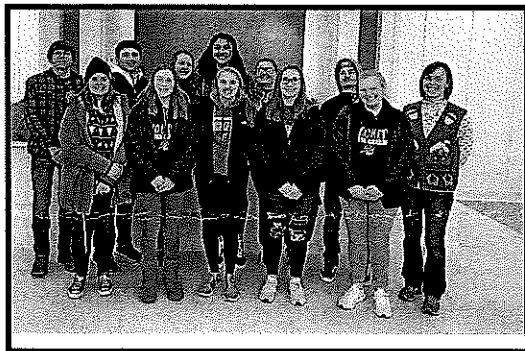


NEWSLETTER

February 2020

Salvation Army's Santa's Elves

NHS participated in the Story County Salvation Army's Santa's Elves again this year. NHS members helped families gather gifts and food to be used this holiday season. Pictured are members Jacob Geisler, Madi Minnehan, Bradyn Smith, Karissa Stephenson, Hannah Bundt, Danielle Hoyle, Chloe Berns, Kyla Beyers, Carmyn Paup, Jon Thede, Megan Palmer and NHS advisor, Libby Towers.



NHS would also like to thank all who donated gifts for the NHS gift drive. The items donated went to Greene County and Story County holiday gift drives and both groups were very appreciative!

A big thank you goes out to everyone who donated non-perishable food items for the food bank. Thank you for being such a caring community!

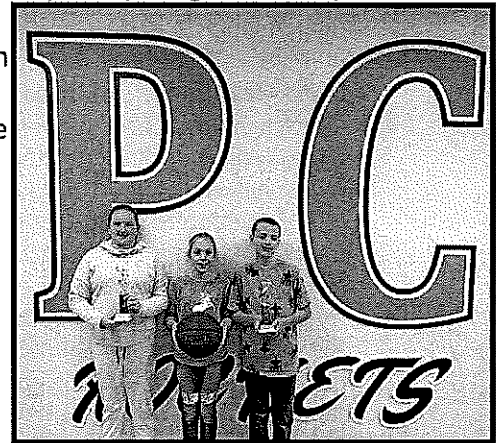


Hoop Shoot

Churdan Rocket 4th, 5th and 6th graders participated in the 2019 Elks Hoop Shoot in Jefferson on December 7th. Holly Miller represented the 4th grade girls by shooting from the free throw line. She did very well for her first time participating in the Hoop Shoot.

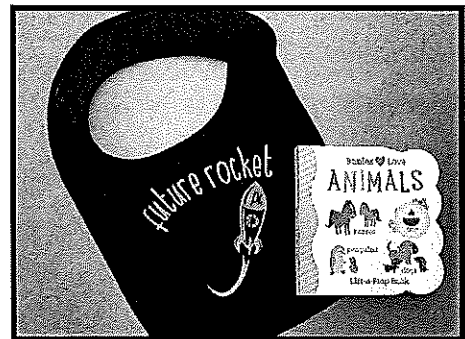
Kyle Charleson placed 2nd in the boys 5th and 6th grade division. Alyvia Smith took first place in the girl's

5th and 6th grade division and will go on to compete at the next level. Congratulations to our Rockets, we are so proud of your new accomplishment.



Attention All Newborns

Please tell Mommy and Daddy to bring you in to see your future school and meet the friendly staff and students at Paton-Churdan. During your first visit, you will receive a free bib and book. We can't wait to meet you!



See you soon!

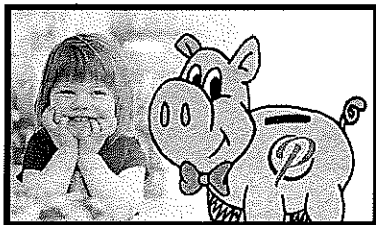
Giant Piggy Bank Program

Peoples Bank is excited to introduce the Giant Piggy Bank Program to Paton-Churdan! We are excited as a bank to provide an opportunity for your child to experience real life experiences right in their own school, while promoting saving for the future. Peoples Bank is committed to all of the children in Greene County. A few highlights of the program:

- Your child can make deposits **at school!** The schedule for Paton-Churdan is EVERY-OTHER Wednesday, beginning January 15th from 7:50-8:15 am.
- For each deposit of any amount, your student receives a sticker in their sticker book (enclosed). Every time a child collects 8 stickers, Peoples Bank will deposit \$1.00 into their Giant Piggy Bank account, helping to grow their savings even more!
- Enjoy this account with NO account minimums or deposit minimum amount. This really is about learning good financial habits!
- Your child's account will receive **2.5% APY INTEREST** on balances up to \$5,000

We hope you and your child are excited about the Peoples Bank program. The only thing between your student and a fun and educational savings experience is a few forms. WE HAVE BEEN AT REGISTRATION AND CONFERENCE FOR 2 YEARS, SO YOU MAY ALREADY HAVE THIS COMPLETE. OR if you already have a savings account at Peoples, just call us! You are all ready to participate.

Forms are available in the office. Please fill out **all** the yellow highlighted areas on the New Account Application and sign on both the application as well as the attached signature card. Return these forms with your student to the school and they can begin saving! If you have any questions, please call us at 515-386-4848.



Semester 1 Honor Roll

High Honor Roll:

Criteria for High Honor Roll includes a GPA of at least 3.6, no grade lower than a B, five subjects must be completed with no incompletes.

12th Grade: Kalyssa Baker, Kyla Beyers, Kaleb Fisher, Jesse Knowles, Madi Minnehan, Jon Thede

11th Grade: Chloe Berns, Connor Brus, Hannah Bundt, Danielle Hoyle, Katie Minnehan, Tessa Steimel, Karissa Stepheneson, Forest Thompson

10th Grade: Taryn Baugh, Hannah Behrens, Joe Carey, Riley Cullum, Madison Grow, Megan Palmer, Carmyn Paup, Bradyn Smith, Mason Stream, Anna Subbert, Seth Thurman

9th Grade: Bailey Anderson, Autumn Consier, Abby Duckett, Tarynn Fisher, Kyann Fowler, Emma Stream

8th Grade: Paige Bryson, Logan Butler, Dylan Cullum, Payton Grow, Taylor Maach, Izabell Purvis, Hailey Saffell, Ava Schilling

7th Grade: Grace Cullum, Aiden Rose, Kinnick Steimel, Emily Walbaum

Regular Honor Roll:

Criteria for Regular Honor Roll includes a GPA of at least 3.0, no grade lower than a C, 5 subjects must be completed with no incompletes.

12th Grade: Ian Schmitt

10th Grade: Bryce Baker, Haylee Duckett, Jordan Joy, Justin Stream, Abbie Walbaum

9th Grade: Emma Bevar, Jacob Brus, Trista Cozad, Gretchen Davis, Parker Fitzpatrick, Brenden Taylor, Shaydon Thurman

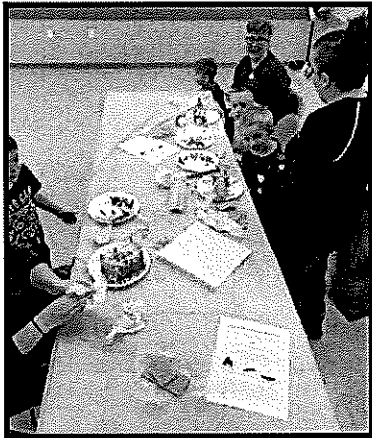
8th Grade: Brianna Cullum, Hailey Hoyle, Gavin Trecker, Jayden Vavrock

7th Grade: Eric Charlson, Lexi Fisher, Lucas Oakes, Lily Richards, Jake Wolterman

Run, Run as Fast as You Can!

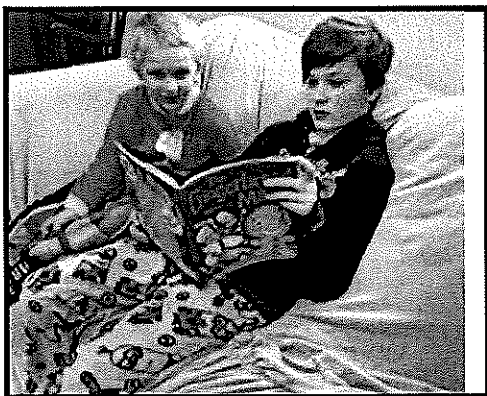
By Alisa Olson

PC Preschoolers had an intense few weeks of a Gingerbread Man Study. It all started with the book *The Gingerbread Man* retold by Bonnie Dobkin. This led us to reading several other renditions and exploring many different gingerbread themed activities. After a sensory experience with common spices used in



gingerbread, our sensory table was filled with gingerbread cookie ingredients and cookie cutters. The reading center was filled with

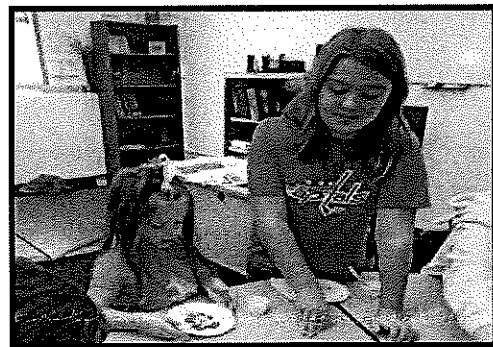
props from the book so students could retell the story and our dramatic play center became a bakery where students could make/buy their own pretend cookies and hot chocolate. Each day our mysterious Gingerbread Man brought a



new challenge or treat to share. We celebrated our knowledge by hosting Gingerbread Building with a Buddy where students were able to invite a buddy to the

Churdan Community Room to build amazing gingerbread creations. We also got to celebrate with the sixth grade when we did Book Buddies. We used the book *Gingerbread Man Loose in the School* by Laura Murray to lead our fun.

We made our very own gingerbread cookies, but when we returned to the kitchen for our baked cookies, they were GONE...they were loose in the school! Of course, we went on a hunt to find them and once we did, we did what every good girl and boy would do...we decorated those cookies and ATE them up!



Clothes. Clothes, Clothes

By Alisa Olson

Preschoolers are starting a clothes study and would love to have some visitors to teach, demonstrate, or share anything related to clothes! Do you have a skill like sewing or crocheting? Do you have a specific uniform? Any vintage clothing worth sharing? We would love to have you! Please contact Mrs. Olson if you're interested in helping us learn!

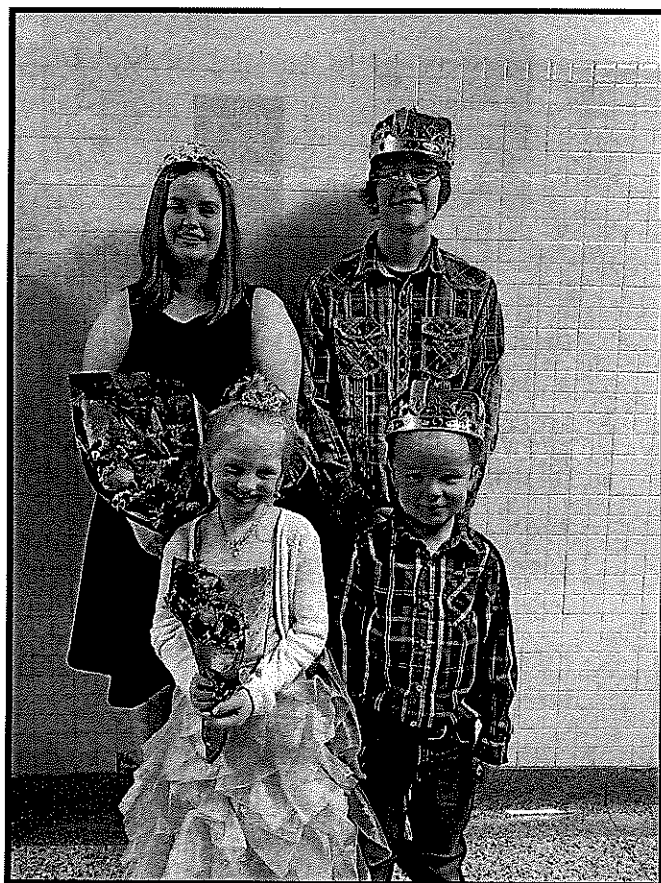
Snowcoming

Thank you for joining the PCHS Student Council in acknowledging the winter season, celebrating Rockets winter sports and activities and showing our #pcpride in some spirit-building activities. Here are a few highlights:

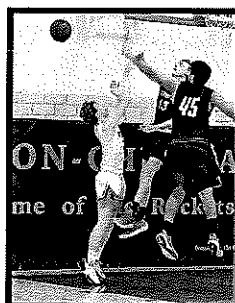
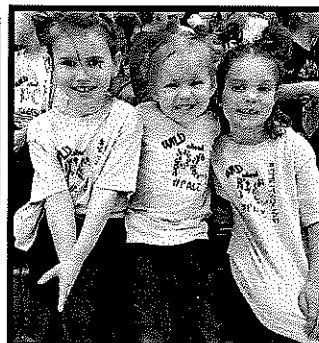


PC King and Queen

Madi Minnehan and Jacob Geisler



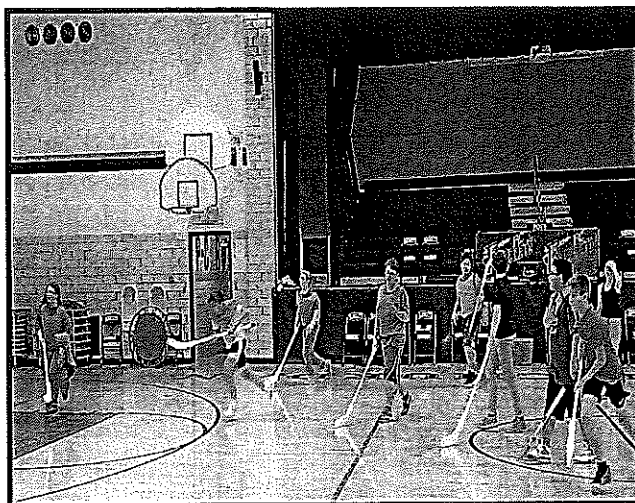
Highlights



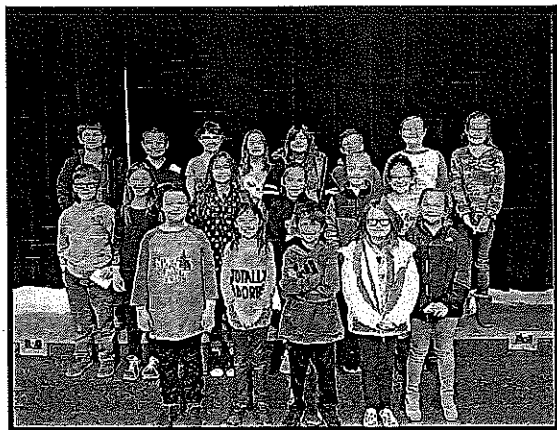
Floor Hockey

The 5th and 6th grade physical education classes learned some new skills of offensive and defensive play in the non-contact sport of floor hockey. They have learned to trap the puck or ball, shoot for a target, block the puck or ball, and to move quickly so that they can score on an opponent.

Both classes seem to enjoy the competitiveness of the sport and have done lots of running in this unit.



Proud Classroom of the Month



November-3rd Grade



December-2nd Grade

It's Kindergarten Round Up Time!

We are in the beginning stages of planning for next year's kindergarten. Please call the school office at your earliest convenience to register your child for 2020-2021 kindergarten.



We'll be sending forms for parents to fill out and send back. The date for Kindergarten Round-up is Friday, April 24th. Incoming kindergarten students will spend a morning visiting kindergarten and having a rootin'-tootin' good time! Call 515-389-3111

Elementary Fundraiser

The Paton-Churdan Elementary will be participating in the 4 Seasons Fundraiser again this year. Sales will begin on February 5th and continue until February 18th. Delivery date is set for February 24th. Thank you for your help and continued support.

Secondary Grading Changes

As Paton Churdan Secondary classes moved towards Standards Based Learning, it will be important to understand that there are two parts to the grading process. One grade will be for the students academic learning and the other will be on their academic behaviors. Both are equally important to their overall success. Each quarter students and teachers will fill out the Responsible Rocket Rubric and these will be reflected on their quarter report card. During conferences, these will also be available for parents to view for each class.

We are excited to help our students be the BEST that they can be and this includes not only their academic learning but also their academic behaviors. Please let Mrs. Smith know if you have any questions or would like more information.

Responsible Rocket Rubric

Scale	Academic Conduct	Work Completion	Working With Others
Proficient (3)	<ul style="list-style-type: none"> Consistently participate, engages, and focuses in class Consistently arrives on time (0 UA/Tardies per week, 0-3 per term) Consistently brings all required materials for class Consistently accepts responsibility for actions and rarely requires a redirection Consistently remains in the assigned seat or designated area 	<ul style="list-style-type: none"> Consistently completes work as assigned Consistently submits work on time and meets deadlines Consistently takes advantage of reassessment opportunities and support Consistently completes work to the BEST of your ability 	<ul style="list-style-type: none"> Consistently listens and follows feedback given by adults and peers Consistently demonstrates effective communication skills and willingness to work with adults and peers Consistently uses kind and respectful words and actions toward others Assumes responsibility for work within a group setting (participation)
Progressing (2)	<ul style="list-style-type: none"> Inconsistently participates in class but actions at times distract from instruction Inconsistently arrives on time (1 UA/Tardies per week, 4-6 per term) Inconsistently brings required materials for class Inconsistently follows redirection and changes their actions Inconsistently remains in the assigned seat or designated area 	<ul style="list-style-type: none"> Inconsistently completes work as assigned Inconsistently submits work on time Inconsistently takes advantage of reassessment opportunities and support Inconsistently completes work to the BEST of your ability 	<ul style="list-style-type: none"> Inconsistently listens and follows feedback given by adults and peers Inconsistently demonstrates effective communication skills and willingness to work with adults and peers Inconsistently uses kind and respectful words and actions toward others Inconsistently assumes responsibility for work within a group setting (participation)
Needs Improvement (1)	<ul style="list-style-type: none"> Rarely/never participates and/or often distracts from instruction Rarely arrives on time (2+ UA -Tardies per week, 7+ per term) Rarely/never brings materials to class, even with teacher coaching Rarely/ never follows redirection to change their actions Rarely remains in assigned seat or designated area 	<ul style="list-style-type: none"> Rarely or never completes work as assigned Rarely or never submits work on time Rarely or never takes advantage of reassessment opportunities and support Rarely or never completes work to the BEST of their ability 	<ul style="list-style-type: none"> Rarely or never listens and follows feedback given by adults and peers Rarely or never demonstrates effective communication skills and willingness to work with adults and peers Rarely or never uses kind and respectful words and actions toward others Rarely assumes responsibility for work within a group setting (participation)
Missing (M)	<ul style="list-style-type: none"> No evidence submitted regarding learning in this skill area 	<ul style="list-style-type: none"> No evidence submitted regarding learning in this skill area 	<ul style="list-style-type: none"> No evidence submitted regarding learning in this skill area



The Flu:

A Guide For Parents

FLU INFORMATION

What is the flu?

Influenza (the flu) is an infection of the nose, throat, and lungs caused by influenza viruses. There are many different influenza viruses that are constantly changing. Flu viruses cause illness, hospital stays and deaths in the United States each year.

The flu can be very dangerous for children. Each year about 20,000 children younger than 5 years old are hospitalized from flu complications, like pneumonia.

How serious is the flu?

Flu illness can vary from mild to severe. While the flu can be serious even in people who are otherwise healthy, it can be especially dangerous for young children and children of any age who have certain long-term health conditions, including asthma (even mild or controlled), neurological and neurodevelopmental conditions, chronic lung disease, heart disease, blood disorders, endocrine disorders (such as diabetes), kidney, liver, and metabolic disorders, and weakened immune systems due to disease or medication.

Children with these conditions and children who are receiving long-term aspirin therapy can have severe illness from the flu.

How does the flu spread?

Most experts believe that flu viruses spread mainly by droplets made when people with the flu cough, sneeze or talk. These droplets can land in the mouths or noses of people who are nearby. Less often, a person might get the flu by touching something that has flu virus on it and then touching their own mouth, eyes or nose.

What are the symptoms of the flu?

Symptoms of the flu can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, fatigue and sometimes vomiting and diarrhea (more common in children than adults). Some people with the flu will not have a fever.

How long can a sick person spread the flu to others?

People with the flu may be able to infect others by shedding virus from 1 day before getting sick to 5 to 7 days after. However, children and people with weakened immune systems can shed virus for longer, and may be still contagious past 5 to 7 days of flu illness, especially if they still have symptoms.

PROTECT YOUR CHILD

How can I protect my child against the flu?

To protect against the flu, the first and most important thing you can do is to get a flu vaccine for yourself and your child.

- ▶ Vaccination is recommended for everyone 6 months and older.
- ▶ It's especially important that young children and children with long term health conditions get vaccinated. (See list of conditions in "How serious is the flu?")
- ▶ Caregivers of children with health conditions or of children younger than 6 months old should get vaccinated. (Babies younger than 6 months are too young to be vaccinated themselves.)
- ▶ Another way to protect babies is to vaccinate pregnant women. Research shows that flu vaccination gives some protection to the baby both while the woman is pregnant and for up to 6 months after the baby is born.

Flu vaccine is updated annually to protect against the flu viruses that research indicates are most likely to cause illness during the upcoming flu season. Flu vaccines are made using strict safety and production measures. Over the years, millions of flu vaccines have been given in the United States with a very good safety record.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

Is there a medicine to treat the flu?

Antiviral drugs are prescription medicines that can be used to treat and prevent influenza illness. They can make people feel better and get better sooner. Antivirals can mean the difference between having milder illness instead of very serious illness that could result in a hospital stay. Antiviral drugs are different from antibiotics, which fight against bacterial infections. They work best when started during the first 2 days of illness. It's very important that antiviral drugs are used early to treat the flu in people who are very sick (for example, people who are in the hospital) or who are at high risk of having serious flu complications. Other people with flu illness may also benefit from taking antiviral drugs. These drugs can be given to children and pregnant women.

What are some of the other ways I can protect my child against the flu?

In addition to getting vaccinated, you and your children can take everyday steps to help prevent the spread of germs.

These include:

- ▶ Stay away from people who are sick.
- ▶ If your child is sick with flu-like illness, try to keep him or her in a separate room from others in the household, if possible.
- ▶ CDC recommends that your sick child stay home for at least 24 hours after his or her fever is gone except to get medical care or for other necessities. The fever should be gone without the use of a fever-reducing medicine.
- ▶ Cover your mouth and nose with a tissue when you cough or sneeze. Throw the tissue in the trash after it has been used.
- ▶ Wash hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- ▶ Avoid touching your eyes, nose and mouth. Germs spread this way.
- ▶ Clean and disinfect hard surfaces and objects that may be contaminated with germs, including bathroom surfaces, kitchen counters and toys for children. Clean by wiping them down with a household disinfectant according to directions on the product label.



These everyday steps are a good way to reduce your chances of getting sick. However, a yearly flu vaccine is the best protection against flu illness.

IF YOUR CHILD IS SICK

What can I do if my child gets sick?

Talk to your doctor early if you are worried about your child's illness.

Make sure your child gets plenty of rest and drinks enough fluids. If your child is 5 years and older and does not have other health problems and gets flu-like symptoms, including a fever and/or cough, consult your doctor as needed.

Children younger than 5 years of age – especially those younger than 2 years old – and children with certain chronic conditions, including asthma, diabetes and disorders of the brain or nervous system, at high risk of serious flu-related complications. If your child is at high risk for flu complications, call your doctor or take them to the doctor right away if they develop flu-like symptoms.

What if my child seems very sick?

Even previously healthy children can get very sick from the flu.

Make sure your child gets plenty of rest and drinks enough fluids. If your child is 5 years or older and does not have other health problems and gets flu-like symptoms, including a fever and/or cough, consult your doctor as needed:

- ▶ Fast breathing or trouble breathing
- ▶ Bluish or gray skin color
- ▶ Not drinking enough fluids (not going to the bathroom or not making as much urine as they normally do)
- ▶ Severe or persistent vomiting
- ▶ Not waking up or not interacting
- ▶ Being so irritable that the child does not want to be held
- ▶ Flu-like symptoms improve but then return with fever and worse cough
- ▶ Has other conditions (like heart or lung disease, diabetes, or asthma) and develops flu symptoms, including a fever and/or cough.

Can my child go to school, day care or camp if he or she is sick?

No. Your child should stay home to rest and to avoid giving the flu to other children or caregivers.

When can my child go back to school after having the flu?

Keep your child home from school, day care or camp for at least 24 hours after their fever is gone. (The fever should be gone without the use of a fever-reducing medicine.) A fever is defined as 100°F (37.8°C) or higher.

For more information, visit www.cdc.gov/flu or www.flu.gov or call 800-CDC-INFO

February 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1
3 MS Girls Basketball @ GVC 4pm G/B Basketball @ Home vs Glidden-Ralston 6pm	4 G/B Basketball @ Boyer Valley 6pm	5 1:55 Dismissal K-6, 4 Season Fundraiser Begins	6	7 Mid Term-3rd Quarter	8
Junior Meal-Spaghetti Supper					
10 JV Boys Basketball @ Home 4:30pm G/B Basketball vs CAM @ Home 6pm	11 JV Boys Basketball @ Home 5:15pm G/B Basketball vs SEV @ HOME 6:30 pm	12 1:55 Dismissal	13 Girls District Basketball-1st Round Place and Time TBD	14 JV Boys Game vs SE @ Home 6:00 Boys Basketball vs SE @ Home 7:30 Yearbook Fundraiser	15 Rolling Valley Conference Speech
Freshman Meal-Potato Bar	Lions Pancake Supper	6:00 Board Meeting			
17 Boys District Basketball-First Round -Place and Time TBD	18 K-6, 4 Season Fundraiser Ends	19 1:55 Dismissal	20	21 State Wrestling Tournament	22 State Wrestling Tournament
24 4 Season Fundraiser Delivery	25 School Picture Day	26 1:55 Dismissal	27	28 End of 2nd Trimester @ Greene County	29

Dates to Remember

March 5th & 10th Parent-Teacher Conferences
 March 12 7-12 Music Concert at 7pm
 March 16-20 Spring Break
 April 6-17 ISASP Testing
 April 20 K-6 Music Concert at 2pm & 7pm
 April 24 Kindergarten Round up
 May 21 7-12 Music Concert at 7pm
 May 23 2020 Graduation Day

February

This institution is a equal opportunity employer. February 2019 Menu Subject to change. Please visit PC website for current changes.

3 Breakfast: Eggs, Sausage and toast, cereal, muffins, fruit, yogurt, juice, and Milk Haystacks with Chili, Celery w/ PB, black eyed peas, Pears, and Milk	4 Breakfast: Pancake and sausage stick, cereal, muffins, fruit, yogurt, juice, and Milk Chicken Patty, baked chips, corn, applesauce, and milk	5 Breakfast: biscuit and gravy, cereal, muffins, fruit, yogurt, juice, and Milk Crispito w/ cheese, carrots, tortilla chips w/ salsa, banana, and Milk	6 Breakfast: Omelet, cereal, muffins, fruit, yogurt, juice, and Milk Chicken nuggets, whipped potato, roll, apples, fresh cauliflower, carrots, and broccoli, and Milk	7 Breakfast: Cook's Choice Muffins, cereal, fruit, yogurt, juice, and Milk Chicken Fajita, Romaine Salad, Garbanzo Beans, Fruit, and Milk
10 Breakfast: Eggs, Sausage and toast, cereal, muffins, fruit, yogurt, juice, and Milk Tator Tot Cass, Romaine salad, broccoli, fresh apple, and Milk	11 Breakfast: Pancake and sausage stick, cereal, muffins, fruit, yogurt, juice, and Milk Mr. Rib, baked chip, green beans, carrots, peaches, and milk	12 Breakfast: biscuit and gravy, cereal, muffins, fruit, yogurt, juice, and Milk Flying Saucers, Roll, corn, pears, and Milk	13 Breakfast: Omelet, cereal, Muffins, fruit, yogurt, juice, and Milk Sloppy Joe on WG Bun, chips, Romaine Salad, green beans, apple, and Milk	14 Breakfast: Cook's Choice, Muffins, cereal, fruit, yogurt, juice, and Milk Happy Birthday!!! Pizza, Carrots, 100% Juice Slushy, Cupcake, and Milk
17 Breakfast: Eggs, Sausage and toast, cereal, muffins, fruit, yogurt, juice, and Milk Hot Dog, baked chips, corn, applesauce, and milk	18 Breakfast: Pancake and sausage stick, cereal, muffins, fruit, yogurt, juice, and Milk Chili, Crackers, carrots, celery, apples, cinnamon roll, and milk	19 Breakfast: biscuit and gravy, cereal, fruit, muffins, yogurt, juice, and Milk Soft Tacos, Salsa and Tortilla Chips, black beans w/ tomatoes, corn, banana, and milk	20 Breakfast: Omelet, cereal, muffins, fruit, yogurt, juice, and Milk Class Choice	21 Breakfast: Cook's Choice, Muffins, cereal, fruit, yogurt, juice, and Milk Sub Sandwich on bun w/ romaine and tomato, baked chips, carrot sticks, fresh Fruit, Cookie, and Milk
24 Breakfast: Eggs, Sausage and toast, cereal, muffins, fruit, yogurt, juice, and Milk Italian Dunkers w/ meat sauce, squash, corn, apricots, and Milk	25 Breakfast: Pancake and sausage stick, cereal, muffins, fruit, yogurt, juice, and Milk Chicken Quesadilla, Black Beans, Tortilla Chips and Salsa, Tropical Fruit, and Milk	26 Breakfast: biscuit and gravy, cereal, fruit, muffins, yogurt, juice, and Milk Stuffed Crust Pizza, Romaine Salad, Corn, pineapple, and Milk	27 Breakfast: Omelet, cereal, fruit, yogurt, muffins, juice, and Milk Corn Dog, baked chips, corn, applesauce, and milk	28 Breakfast: Cook's Choice, Muffins, cereal, fruit, yogurt, juice, and Milk Super Nachos with Romaine, Tomato, and toppings, Garbanzo Beans, fresh fruit, and Milk