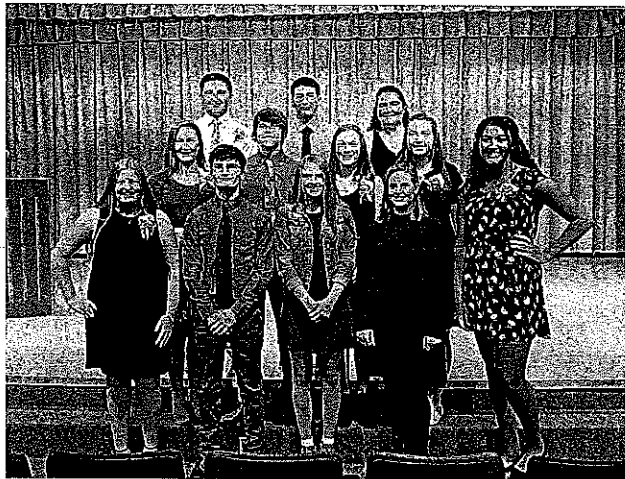
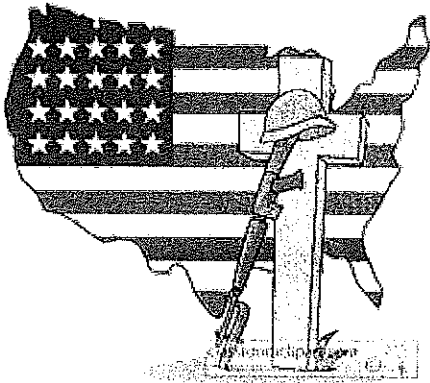


Paton-Churdan School Newsletter

November 2019

Come Join Us!

We will be honoring our Veterans on November 11th at 9 a.m.



Front: Megan Palmer, Jon Thede, Chloe Berns, Madi Minnehan, Danielle Hoyle

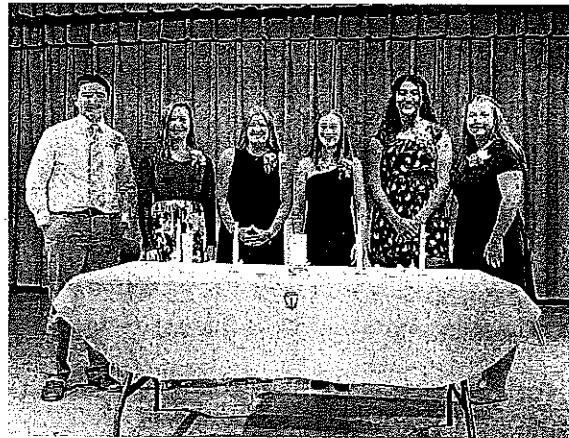
Second Row: Carmyn Paup, Jacob Geisler, Karissa Stephenson, Hannah Bundt

Third Row: Bradyn Smith, Kaleb Fisher, Kyla Beyers

Congratulations to New Members Inducted into P-C National Honor Society

By: Libby Towers

On Tuesday, October 15, The Paton-Churdan National Honor Society inducted six new members. Sophomores, Juniors and Seniors are eligible for National Honor Society based on their scholarship achievement of maintaining a 3.0 grade point average. Eligible students must then apply for membership. Applications are reviewed and scored based on a rubric. A faculty committee then reviews blind applications and selects new members based on the four pillars of National Honor Society-- Scholarship, Leadership, Service, and Character. New members include (from left to right Bradyn Smith, Carmyn Paup, Megan Palmer, Karissa Stephenson, Danielle Hoyle and Hannah Bundt). Current members include Kyla Beyers, Kaleb Fisher, Jacob Geisler, Madi Minnehan, Jon Thede and Chloe Berns. Following induction a cake reception was held in honor of the new inductees and their families. The Paton-Churdan National Honor Society is an active leadership group at PC and in the community. Projects include helping with the weekly packing and distribution of Rocket Fuel Packs, Trunk or Treat, Spring Blood Drive, and Salvation Army Holiday Santa's Helpers. It is the goal of PC NHS to complete one service project a month.



Bradyn Smith, Carmyn Paup, Megan Palmer, Karissa Stephenson, Danielle Hoyle and Hannah Bundt.

Parent-Teacher Conferences

October 29, 4-7:30 pm

November 7, 4-7:30pm

**Flu shots will be available from
Greene Co Public Health both nights
at the school**

TOP STORIES



Lifelong Physical Activity

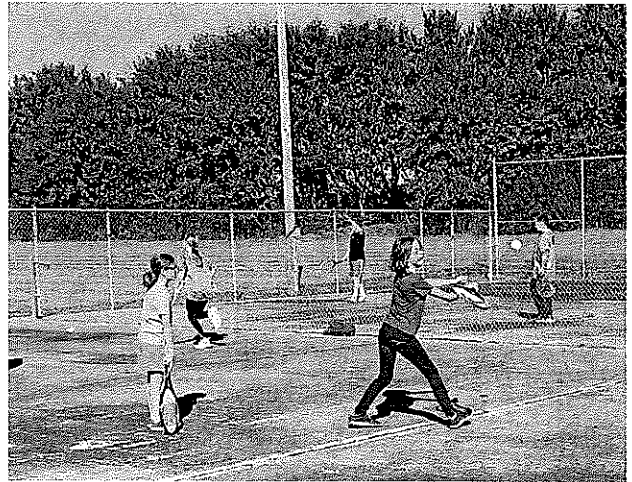
by Rita O'Bryan

The 5th grade physical education class continues to learn basic tennis skills that they will be able to use all their lives. In addition, they are learning a variety of games to play with volleyballs, a net, and yes even a basketball hoop. They are learning games such as Nuke-it, Battle Ball, Net ball, and to work on setting and bumping skills they play Knock-out with the basketball hoop. The difference being that they must either bump or set the ball through the hoop. Once volleyball season is over, they will be moving on to floor hockey.

FAFSA

By: Libby Towers

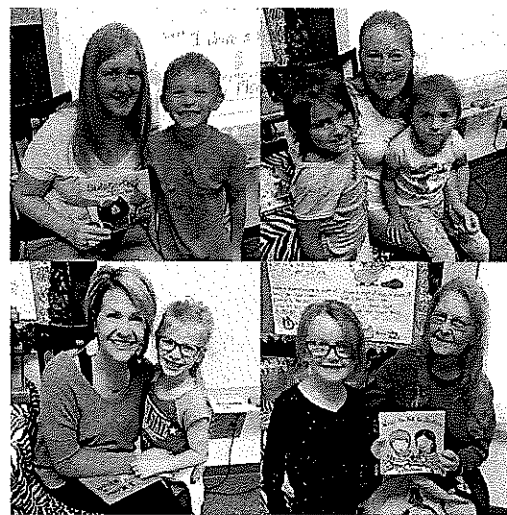
All seniors planning to attend college next fall should file the Free Application for Federal Student Aid. This is an online application that opened October 1. Paton-Churdan is fortunate to have a representative from ICAN coming the morning of November 15 to help families file the FAFSA. All senior parents are encouraged to sign up for a time to file on the 15th. For more details see Mrs. Towers



Mystery Reader Monday

By Miranda Steinkamp

Each Monday, the firsties have a special reader come in and read us a story! Before they arrive, we read five clues about the reader and use our inferencing skills to try and predict who it is! We love seeing loved ones share their LOVE for reading! If you would like to be a special guest reader in first grade, contact Mrs. Steinkamp to set up a Monday afternoon to join us!



Health And Fitness Field Day

By Annie Smith

We are excited to let you know that Paton



Churdan Elementary and Middle School students are headed to the Iowa State Women's Basketball Health and Fitness Field Day on **Tuesday, NOVEMBER 19TH**.

Students will depart around 8:30 am to attend a special Health and Fitness Program provided by the Iowa State Recreation Staff and will then stay to cheer on the Cyclones at their game against Texas Southern University at 11 am.

Sack lunches will be provided for each student for lunch and concessions will be available throughout the day. We ask that all elementary students limit their money brought to **NO MORE THAN \$10** and that all money is placed in a zip lock baggie with the students name on it. Teachers will hang on to the money and will then distribute when it is their turn to visit the concession stand. We ask that all middle schoolers limit their spending money to **NO MORE THAN \$20** and we ask that they hang on to and be responsible for their own money.

Paton Churdan will leave Ames around 2 pm regardless if the game is over to get back to Churdan for normal daily dismissal time at 3:16 pm. If any parent is interested in attending the game, tickets may be purchased in advance by calling the ISU ticket office at 515-294-1816 or by visiting the Ticket Box Office on game day. If you do attend the game and would like your child to remain with you after PC departs, please make sure you send a note to school. As a final reminder, we ask students to dress in either Iowa State clothing or colors or Paton Churdan clothing or colors.

Go State!

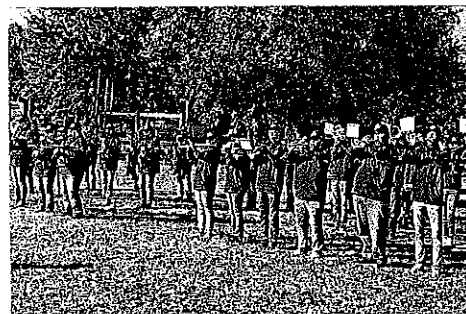


Music

By Shannon Hobbs

This month there are a couple things going on. November 4th the high school choir will be going to Coon Rapids for the Conference Vocal festival. This is a great opportunity for them to sing in a large choir and also an opportunity to showcase our own group as each school sings an individual group song. This year's guest conductor is Miss Haley Gibbons from West Des Moines Valley. November 17th, a group of fourth, fifth and sixth grade students will be going to the Iowa Wild game to sing. We have rearranged the fourth grade singing "God Bless America" to the 17th so that I can take a group of fifth and sixth graders to sing the National Anthem on the same night. I'm sure some of the students have mentioned an audition process for this opportunity to sing the National Anthem. That will be an activity that happens during class, which they have started and will be finishing up in a couple weeks. More information will be coming from the Iowa Wild and I will share it with you when it comes.

October 17th, we had the pleasure of a visit from the Iowa Central



Community College Marching Band. They went to several schools and played some of their music. We were so lucky to have them come.

December is right around the corner! Be sure to catch our Christmas concerts on December 5th, kindergarten through sixth grade at 2 and 7, and December 9th the seventh through twelfth grade band and choir will have their concert at 7.

Reminder

Children who qualify for free or reduced meals and get an **extra** milk with a meal, or students who bring cold lunch and get milk, are **not** eligible to receive free milk. In those cases, their account is charged 50 cents. The only time milk is covered is when they get one milk, with a school provided lunch/breakfast. The free and reduced lunch program only covers one meal per day. If the student takes seconds, the account will be charged \$2.90 for that meal. Please keep an eye on your account balance by checking your Infinite Campus account.



Middle School Bike Ride

By Libby Towers

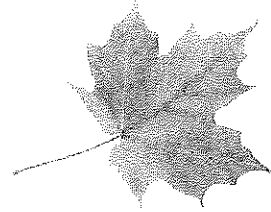
The PC Middle School rode the High Trestle Trail on Friday, October 18. All students rode the 12 mile trip from Woodward to Slater and a majority gutted out the trip back to Madrid to end the day with almost 20 miles! Aside from a little wind out of the south the students couldn't have asked for a better day to ride. In Slater students ate lunch and enjoyed a break before riding back to Madrid. This is a great experience for our middle school students. However it would not be possible without the help from parent volunteers including Bethany Walbaum, Jesus and Adelita Muniz and David Maach. A very special thank you to all volunteers for supporting the bike trip by taking the time out of your day and providing the means to haul 30 bikes to Woodward and back!



October 2nd was Custodian Appreciation Day, thank you Jake & Cori!

Community Service Opportunity

Service learning is such an important part of the curriculum at Paton Churdan and we are more than excited to once again offer our Annual Community Service/Leaf Raking Day. This year, the event will be held on Monday, November 4th, pending good weather, with the rain dates set for November 5th or 12th.



If you are interested in having your yard raked or if you have any other community service type project you would like us to consider, please call the office at 515-389-3111 to get on our list of projects.

Online Payment Option

We have GREAT news, online pay option is now up and running for lunch accounts.

1. Log onto your parent portal account, click the menu lines on the upper left hand side and click the food service category.
2. When in the food service category, click the blue PAY button and add the amount you would like to pay. (Please note there is a \$3 minimum and a \$3 service fee added to each transaction.)
3. Once you have added the amount you want to pay, select the blue Add to Cart button, then click the black My Cart button.
4. You will then be prompted to complete your payment method and finalize your transaction. Note: If you would like an email receipt mailed to you, please enter a valid email. If not, no other receipt will be mailed or given. You will then want to check your SPAM to ensure the noreply@gmail receipt does not end up in your junk mail.

November 2019

Menu Subject to change. Please visit PC website for current changes.

					1 Breakfast: Muffins, cereal, fruit, yogurt, juice, and Milk Flying Saucers, WG Roll, Peas, 1/2 Banana, and Milk
4 Breakfast: Eggs, Sausage and toast, cereal, fruit, yogurt, juice, and Milk Hot Dog, baked chips, corn, applesauce, and milk	5 Breakfast: Pancake and sausage stick, cereal, fruit, yogurt, juice, and Milk Haystacks with Chili, Celery w/ PB, black eyed peas, Peas, and Milk	6 Breakfast: biscuit and gravy, cereal, fruit, yogurt, juice, and Milk Crispito w/ cheese, carrots, tortilla chips w/ salsa, banana, and Milk	7 Breakfast: Omelet, cereal, fruit, yogurt, juice, and Milk Chicken nuggets, whipped potato, roll, apples, fresh cauliflower and broccoli, and Milk	8 Breakfast: Muffins, cereal, fruit, yogurt, juice, and Milk Stippy Joe on WG Bun, chips, Romaine Salad, apple, and Milk	15 Breakfast: Muffins, cereal, fruit, yogurt, juice, and Milk Happy Birthday!!! Pizza, Carrots, 100% Juice Slushy, Cupcake, and Milk
11 Breakfast: Eggs, Sausage and toast, cereal, fruit, yogurt, juice, and Milk Chicken Patty, Romaine Salad w/ tomato Slices, carrots, pears, and Milk	12 Breakfast: Pancake and sausage stick, cereal, fruit, yogurt, juice, and Milk Mr. Rib, romaine salad, green beans, peaches, and milk	13 Breakfast: biscuit and gravy, cereal, fruit, yogurt, juice, and Milk Soft Tacos, Salsa and Tortilla Chips, black beans w/ tomatoes, corn, banana, and milk	14 Breakfast: Omelet, cereal, fruit, yogurt, juice, and Milk Class Choice	22 Breakfast: Muffins, cereal, fruit, yogurt, juice, and Milk Turkey, Potato w/ gravy, Green beans, Roll, fruit, pumpkin dessert, and milk	29 No School
18 Breakfast: Eggs, Sausage and toast, cereal, fruit, yogurt, juice, and Milk Chicken Quesadilla, Black Beans, Tortilla Chips and Salsa, Tropical Fruit, and Milk	19 Breakfast: Pancake and sausage stick, cereal, fruit, yogurt, juice, and Milk Tator Tot Cass, Romaine Salad, Broccoli, apples, and Milk	20 Breakfast: biscuit and gravy, cereal, fruit, yogurt, juice, and Milk Chili, Crackers, carrots, celery, apples, cinnamon roll, and milk	21 Breakfast: Omelet, cereal, fruit, yogurt, juice, and Milk Pizza Quesadilla, peas, plum, and milk	28 No School	27 No School
25 Breakfast: Eggs, Sausage and toast, cereal, fruit, yogurt, juice, and Milk Corn Dog, Smile Fries, Green beans, Banana, and Milk	26 Breakfast: Pancake and sausage stick, cereal, fruit, yogurt, juice, and Milk Sandwich, Baked chips, carrot sticks, fresh fruit, cookie, and Milk	27 No School	28 No School	29 No School	

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IOWA HIGH SCHOOL ATHLETIC ASSOCIATION

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August 27, 2019

Parents and adult fans: The biggest challenge facing high school sports today

From Karissa Niehoff, executive director of the National Federation of State High School Associations and Tom Keating, executive director of the Iowa High School Athletic Association

Inappropriate adult behaviors at high school athletic events across the country have reached epidemic proportion.

When more than 2,000 high school athletic directors were asked in a recent national survey what they like least about their job, 62.3 percent said it was, “dealing with aggressive parents and adult fans.”

And the men and women who referee or umpire those contests agree. In fact, almost 60% of new officials registered in Iowa in 2016-17 did not return to officiate in 2017-18, and unruly parents are often cited as a major reason why. As a result, there is a growing shortage of high school officials here in Iowa, and in baseball, football, track and field, and wrestling, the IHSAA is seeing record lows. No officials means no games.

If you are a parent attending a high school athletic event this fall, you can help by following these six guidelines:

- 1. Act your age.** You are, after all, an adult. Act in a way that makes your family and school proud.
- 2. Don't live vicariously through your children.** High school sports are for them, not you. Your family's reputation is not determined by how well your children perform on the field of play.
- 3. Let your children talk to the coach instead of doing it for them.** High school athletes learn how to become more confident, independent and capable—but only when their parents don't jump in and solve their problems for them.
- 4. Stay in your own lane.** No coaching or officiating from the sidelines. Your role is to be a responsible, supportive parent, not a coach or official.
- 5. Remember: Participating in a high school sport is not about a college scholarship.** According to the NCAA, only about 2% of all high school athletes are awarded a sports scholarship, and the average total value of that scholarship is only around \$18,000.
- 6. Make sure your children know you love watching them play.** Do not critique your child's performance on the car ride home. Participating in high school sports is about character development, learning and having fun—not winning and losing.

Purchasing a ticket to a high school sporting event does not give you the right to be rude, disrespectful, or verbally abusive. Cheer loud and be proud, but please also be responsible and considerate as a spectator.

The future of high school sports in Iowa is dependent on you.

Tom Keating, executive director, tkeating@iahhsaa.org; Chris Cuellar, communications director, ccuellar@iahhsaa.org.